



# MILTON LACROSSE

"FIVE TIME" GIRLS STATE CHAMPIONS - 2005, 2006, 2007, 2008, 2010

## 2010 Girls Fall Lacrosse Program

The Eagle Stix coaching staff will have a fall girls lacrosse program for girls in the Milton feeder schools in grades 2-8. During the fall program, girls will have the opportunity to attend skill development sessions, team practices, and games. The coaching staff is looking forward to another great fall season and an opportunity to help girls develop their skills and knowledge of the game while having an amazingly fun time!

### Dates of Training camp, practices, and games

**Training Camp:** The fall program will begin with a training camp for all players in the fall program, which will focus on skill instruction and player evaluations. Players will be evaluated during the training camp and placed on a team to participate in the games, based on their age and level of play. The dates of the training camp will be August 31, September 1,2,8. The time of the training camp for grades 2-5 will be from 4:30-6:00; the times for grades 6-8 will be 6:30-8:00. Training camp will be at Milton high school's lacrosse practice field (located by the softball/baseball fields) next to Freemanville Rd.

### Practices (U-9, U-11, U-15 Teams)

- **U-9, U-11 Teams** will practice on Wednesday's beginning September 15th from 4:30-5:45.
- **U-13 teams** will practice on Wednesday's beginning September 15th from 6:00-7:30.
- **U-15 teams** will practice on Friday's beginning September 17th from 4:30-6:00.

### Practice Cancellations

There may be cancellations due to weather. An announcement will be made via e-mail for any cancellations that may occur.

### Team Selections

Coaches will evaluate players during training camp and place the girls on a team with their appropriate age level. If there are enough players in each age group for more than one team, we will have more than one team for that age level. **Players will be placed by coach's evaluations only.** We can not accommodate for carpooling or place girls based on parent evaluations. We would only consider playing a girl at a higher age level if there is a need to balance out the numbers for team rosters and if the girl demonstrates the skills to play at the higher age level.

**Game dates, times, locations:** Games will be played on Weekends beginning September 18 through October. The game times will take place between mornings through mid-afternoon. Game times and locations will be announced at a later date. Games will take place at fields in the John's Creek or Roswell area. There will be a schedule with game dates, times, and locations available after the training camp.

### Is attendance at practices and games mandatory?

Girls are not required to attend all practices and games during the fall season but should try to attend as much as possible to get the most out of the experience.

**Program Registration Fee** = \$250; Made payable to: **Eagle Stix Lacrosse**

Registration fee Includes: Training camp, team practices, games, Eagle Stix t-shirt, game shorts.

**US Lacrosse Membership:**

All girls attending the Fall program must be a member of US Lacrosse. The US Lacrosse membership provides insurance coverage as well as a monthly subscription to US Lacrosse Magazine. Information about membership and benefits are located at the following website: <http://www.uslacrosse.org/membership/players.phtml>.

Mail Registration forms to: **Eagle Stix Lacrosse  
980 Birmingham Rd.  
Suite 501-311  
Milton GA 30004**

**PLAYER REGISTRATION FORM** (Registration Deadline: August 21<sup>st</sup>, 2010)

Players Name: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/ Guardian names: \_\_\_\_\_

Home phone #: \_\_\_\_\_

Parent's Cell phone #'s: \_\_\_\_\_ / \_\_\_\_\_

E-mail: \_\_\_\_\_

Players t-shirt size (circle one): Youth Med, Youth Large, Adult Small, Adult Medium, Adult Large

Players shorts size (circle one): Youth small, Youth med, Youth L, Adult Sm, Adult med, Adult Lg

US Lacrosse Membership #: \_\_\_\_\_ Expiration date: \_\_\_\_\_

**Parental Permission and Clinic Release:**

By participating in the Eagle Stix Fall Lacrosse Program, I will be waiving and releasing all claims for injuries that my daughter may sustain in this camp. I recognize and acknowledge that there are certain risks of injury, damages, or loss which may occur in any and all activities connected with or associated with this training camp and fall program. I do fully release and discharge the Eagle Stix Lacrosse Coaches, supervisors, and Fulton County Schools from any and all claims resulting from injury, damages and loses sustained by my daughter and the activities of the program. I hereby state that my daughter is physically fit and may participate in all activities. I also grant permission to have my child treated by a physician if necessary.

Parent/Guardian \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

**FOR MORE INFORMATION CONTACT:**

[LadyEaglesLax@yahoo.com](mailto:LadyEaglesLax@yahoo.com), 770-378-2494